

GREEN BEANS

Ingredients

1 lb. fresh green beans, washed, trimmed, strings removed, cut into 1" pieces

-or-

1 lb frozen green beans

Water

Method

- Place green beans in saucepan with water to cover
- Bring to a boil
- Reduce heat to medium & allow to simmer 20 minutes or until fork-tender
- Strain, reserving water used for cooking
- Place beans in food processor or blender
- Process until the consistency is that of a smooth puree
- If necessary add a bit of the reserved water to bring to desired consistency